

Dr. Mosser's Guide on Taking Photos

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When uploading your photos for a virtual consultation or online follow up try to take the best photos you can. The pictures will need to be in good lighting, taken against a solid background, with 5 different angles.

Taking the photos in the bathroom against a blank wall can sometimes be the best place. Some of these angles may be hard to capture if you're taking them yourself, but you can experiment with propping the camera up and using a self-timer. Or, taking the photo manually while trying to replicate these angles.

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Try to take your 5 photos so that they resemble the photo set to the left

- ✓ 5 angles
- ✓ Not too close
- ✓ Good lighting (flash on), in focus
- ✓ Solid background
- ✓ Portrait mode (camera turned vertically)

NOT LIKE THIS:



The photos you send in don't have to be perfect, but do try avoiding the 5 points listed below

- ✗ Not sending in 5 photos
- ✗ Too close
- ✗ Poor lighting (flash off), inconsistent focus
- ✗ Not a solid background
- ✗ Landscape mode (camera turned horizontally)