



Facial Surgery: Guide For Taking Photos

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When uploading your photos for a virtual consultation or online follow up, try to take the best photos you can. The pictures will need to be in good lighting, taken against a solid background, and with seven different angles, from about 1-2 feet away (you may find it easier for someone else to take the photos).

How to take photos:

- **7 different angles**
 - 5 photos straight on: front view, full profile on each side, and 45 degree angle on each side
 - 1 bird's-eye (a view from above) view that includes the hairline and forehead
 - 1 worm's eye view that includes the chin, neck, and nostrils
- Hair: use a headband or hair tie to pull hair off your face and behind your ears. Do not use your hands
- Remove all facial jewelry, glasses, makeup
- Keep all parts of the face in the frame; pay close attention to the ears, hairline, and neck
- Good lighting (flash on if needed), and in focus
- Solid background

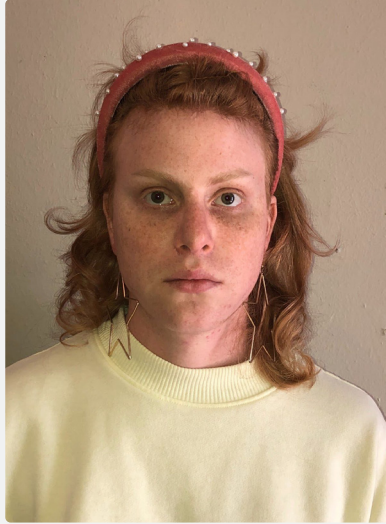


How Not to take photos:

- Not sending all 7 photos
- Too close (images cut off ears/neck/forehead)
- Wearing makeup, jewelry, or glasses
- Poor lighting, not in focus
- Landscape mode (camera turned horizontally)
- Hair/bangs covering forehead



- Bangs covering forehead
- Ears and neck not in frame



- Jewelry



- Glasses
- Ears and neck not visible



- Too far away
- Bad lighting
- Landscape mode



- Too close

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