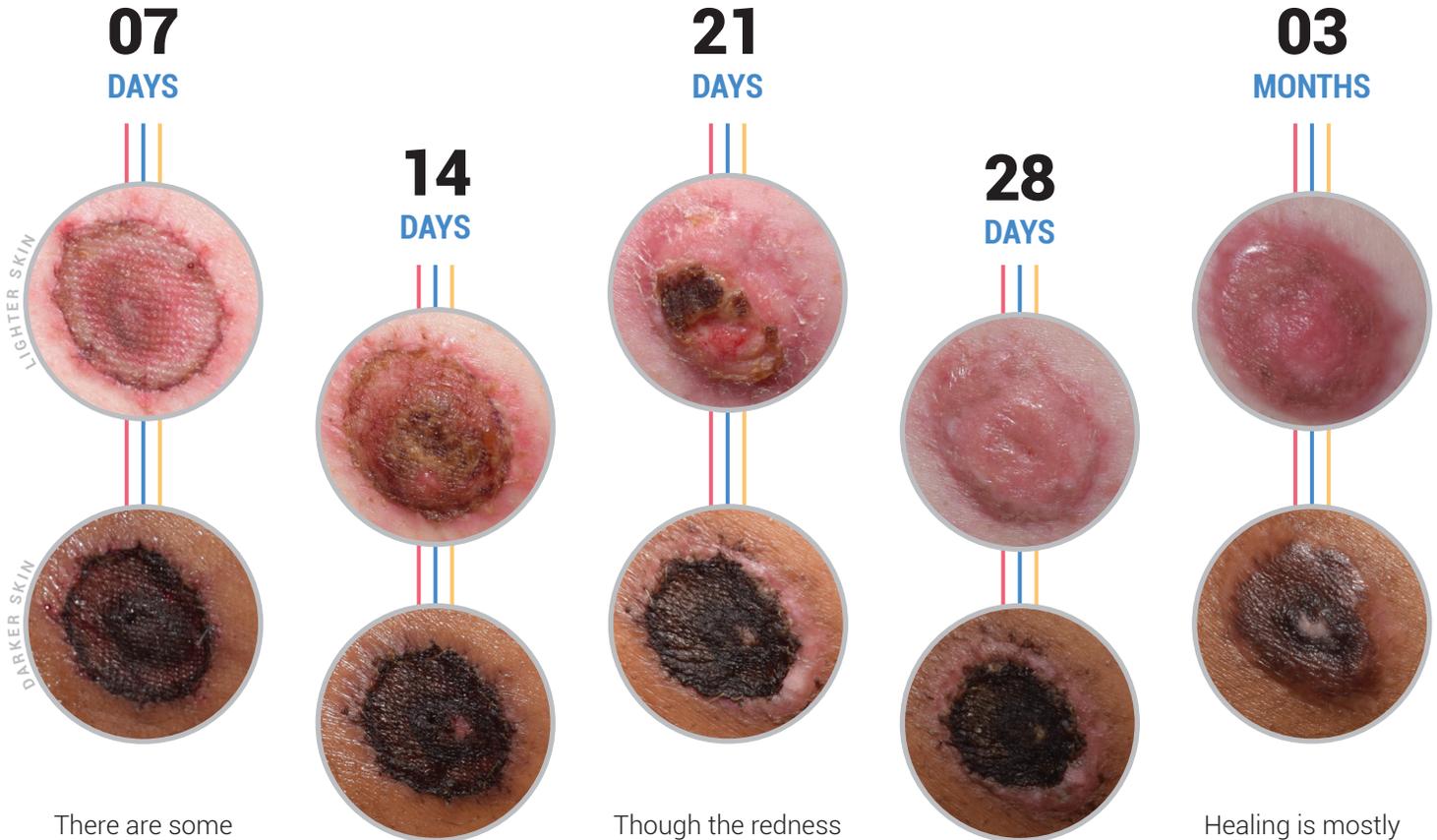




# NIPPLE GRAFT HEALING PROCESS

Top Surgeon Dr. Scott Mosser created this handout so you know what to expect while your nipple grafts heal. Darker skin types will have a similar appearance of healing nipple grafts, but the coloring of the nipple grafts will be considerably darker during the healing period. It may be a year or more until the final healing is complete with a disappearance of the redness around the areolas.



There are some variations, but this is how the nipple (aka "nipple areolar") grafts will look in the office, just after the dressings are removed.

Grafts actually look worse before they look better! The grafts are often crusty at 14-21 days, sometimes with spots of yellowish drainage on the bandages when changed.

Though the redness around the graft is improving, the crusting on the surface can still be partly or completely covering the nipple. The appearance is darker with darker skin types.

Most often the crusting is gone by around 4 weeks after surgery and the nipple grafts are on the safe side of the healing curve.

Healing is mostly complete. There may be some redness in and around the nipple and there can still be a patchy decrease in pigmentation which usually improves with time.



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