

POST-SURGICAL SCAR MANAGEMENT

Scars are considered healed at 12 months

Scars and what they will look like vary by person. This is due to different genetics, skin type, age, location of scar, prior scar appearance, tension on the scars and adherence to post-surgical instructions.

PREVENTION

Some patients may opt to let their scars heal on their own. For those patients that are concerned with some scarring but have lighter skin and have nicely healed prior scars, **Option A** will be a good option.

For patients that are very concerned with their scar appearance, have darker skin tones, or have had wide, thickened scars in the past, **Option B** will be a better option.

OPTION A

Medical Grade Silicone Gel (Biocorneum®) + massage

Patient massages Biocorneum into scar twice daily for 2-5 minutes until bottle runs out beginning 3 weeks post-op.

Cost: \$150

OPTION B

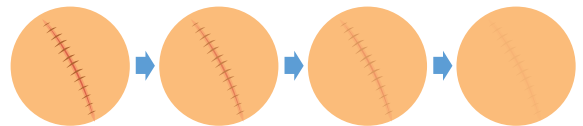
Mechanical Scar Reduction Therapy (Embrace®)

Embrace patches are applied (by patient or by our staff) every 10-14 days and worn for a duration of 8 weeks.

Cost: \$465 for 8-week supply

CORRECTION

Patients will need to undergo an in-person analysis to determine which treatments below are necessary. A combination of **2 or 3 treatments** may be required.



OPTION A

Kenalog Steroid Injection

Reduces inflammation that leads to widened, thickened scars. Performed in office starting 3 months post-operation. Repeated as needed every 4-6 weeks.

Cost: First 3 injections free. \$150 per treatment after that

OPTION B

Broad Band Light

Reduces pink/red colored scars due to increased vascularity. Performed in office starting 3 months post-operation.

Treatments performed every 4-6 weeks for a total of 1-3 treatments.

Cost: \$150 per treatment

OPTION C

Micropen

Reduces raised texture and promotes collagen production of new, smoother skin tissue. Performed in office starting 3 months post-operation. Treatments performed every 4-6 weeks for a total of 3-6 treatments.

Cost: \$150 per treatment



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