

FROM CONSULTATION TO SURGERY

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Submitting Documentation for Insurance

Within one week of your consultation, our office will follow up with you via email to confirm we have received your letter of support from your therapist and insurance card copies. Once we have collected these documents, we will start the approval process. We expect to hear from insurance companies 4-6 weeks after we submit your documents informing us if surgery is approved. If we receive an approval for surgery, our surgery coordinator will contact you to go over surgery deductible fees and details about scheduling surgery.



Self-Pay

If you decide you do not want to or are unable to go through insurance, we can go over self-pay fees and out-of-pocket costs.

For the self-pay option, we do require a deposit to secure a surgery date, and we collect the remaining balance no later than 3 weeks prior to surgery. You can also be placed on a waitlist in case we have a cancellation prior to your scheduled date.



Traveling for Surgery

We recommend that patients traveling by plane plan to stay 8-9 days in the San Francisco Bay Area. This includes the in-office pre-op visit the day before surgery, the day of surgery, and the in-office post-op visit 6 days after surgery.

On the day of surgery, you will check into the surgery center 2 hours prior to the time of surgery. This surgery is an out-patient procedure, so patients will need to be picked up from the surgery center when surgery is done. **Patients will not be able to leave the recovery room by themselves.** Most patients have a friend or family member wait for them at the surgery center so they do not have to wait for their ride to pick them up. For patients who traveled by car more than 2 hours for their surgery, we recommend you stay within 1 hour of the city for the first 24 hours after surgery.



Post-Op Visit

Your post-op visit with Dr. Mosser will be 6 days after your surgery. You will have sutures, dressings, and drains removed at this visit. Our team will go over post-op care instructions you will need to follow at home in the coming weeks. If you do not live in the Bay Area, we can do online follow-up visits via the Remedy system. We will need to follow up with you as much as possible the first 6 months from surgery to check on how your incisions are healing.



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